Date

First & Last Name

Street Address

Town State PC

Dear ………………….,

This is a courtesy reminder that you are due for your annual health assessment (Aboriginal and Torres Strait Islander Health Assessment).

This health assessment is an overall check of your health completed with you by a Nurse or Aboriginal Health Worker and reviewed by your GP.

The health assessment will include a review of:

* Your general health ( e.g. blood pressure, weight, height, diet, physical activity)
* Eye sight
* Hearing
* Blood Tests
* Social and Emotional Wellbeing
* Medication you may be taking
* Immunisation status
* Advice and information, for example on how to make lifestyle changes to improve your health or prevent health issues
* and any other problems you may be having

This health assessment is not compulsory but it will help us to identify any health needs you may have and provide you with a referral to access help if you need it.

***Early intervention helps you to stay healthy and to live longer***

I encourage you to call us on \_\_\_\_\_\_\_\_\_\_\_\_\_ and make an appointment today. If you have any difficulties attending, please let us know and we will do our best to accommodate your needs. Please bring your letter with you when you come in for your appointment.

We look forward to hearing from you.

Kind regards

Staff Name

Practice Name