

## Health check pathways

### MBS Item 715 Aboriginal and Torres Strait Islander Health Assessment

Patients with, or at risk of, a chronic disease

5 x Allied health visits per calendar year

5 x Follow up allied health visits (MBS81300-81360) per calendar year

10 x Visits with a practice nurse or Aboriginal Health Worker (MBS10987) per calendar year

OR

Patients diagnosed with a chronic disease

Completed GPMP (MBS721) and Team Care Arrangement (MBS723)

5 x Visits with a practice nurse or Aboriginal Health Worker per calendar year (MBS10997)

Contact

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## 715 Health Check



# Early intervention helps you stay healthy and live longer

## What is a health check

A 715 Health Check is an overall check of your health completed with you by a nurse or Aboriginal Health Worker and then reviewed by your GP.

## What happens in a health check?

The health check will include a review of:

- Your general health (e.g. blood pressure, weight, height, diet, physical activity)
- Eyesight
- Hearing
- Bloods tests (if required)
- Social and emotional wellbeing
- Medication you may be taking
- Immunisation status
- Advice and information, for example on how to make lifestyle changes to improve your health or prevent health issues.

## After your health check

A health check can help you access allied health services and follow up visits with a nurse or Aboriginal Health Worker (please see diagram over leaflet).

A health check is not compulsory but it will help identify any health needs you may have and provide you with a referral to access help if you need it.

## How often should you do a health check

Every 9-12 months, it's free and only takes about 30-45 minutes.

## Who can have a health check

All Aboriginal and Torres Strait Islander people, of any age, can have a health check.

**Please call your GP practice and make an appointment today.**

## Info for your doctor

Following a 715 Health Check, Aboriginal and Torres Strait Islander people can access the following

### Indigenous patients with, or at risk of, a chronic disease:

- 5 x (MBS 10950-10970) Allied health visits per calendar year (patients with a chronic disease)
- 5 x (MBS 81300-81360) Follow up allied health visits per calendar year (patients with, or at risk of, a chronic disease)
- 10 x MBS item 10987 visits with a practice nurse or Aboriginal Health Worker per calendar year. This allows Indigenous people to access Medicare rebates for follow up services.

### Indigenous patients with a chronic disease:

- With a completed GPMP (MBS721) and/or Team Care Arrangement (MBS723) – 5 x allied health visits per calendar year
- 5 x MBS item 10997 visits with a practice nurse or Aboriginal Health Worker
- Referral to the Integrated Team Care Program.