

GP CLINICS

Cooloola Coast Clinic	Dolphin Shopping Centre 5 Dolphin Ave, Tin Can Bay	5486 4600	W: www.yourhealth.net.au/cooloola FB: www.facebook.com/cooloolacoastclinic/	General Practice 8am - 5pm Mon to Fri, 8am - 11am Saturday
Rainbow Beach Medical Practice	10 Ilmenite Avenue Rainbow Beach	5486 3078	W: www.yourhealth.net.au/cooloola FB: www.facebook.com/cooloolacoastclinic/	General Practice, updates on Facebook and the chemist, or call Cooloola Coast at Tin Can Bay

ALLIED HEALTH AND THERAPY SERVICES

Adapt Health Care	Tin Can Bay, Cooloola Cove, Rainbow Beach	1800 085 030	W: www.adapthealthcare.com.au	Integrated allied health services
Carers Queensland	Tin Can Bay, Cooloola Cove, Rainbow Beach	4124 0922	W: www.carersqld.asn.au	Carer support group. All carers welcome. First Tues of month. 10am Tin Can Bay RSL
Thrive Allied Health	Tin Can Bay, Cooloola Cove, Rainbow Beach	0458 335 271	W: www.thrivealliedhealth.tenaciousdigital.com.au E: info@thrivealliedhealth.com.au	Occupational therapy and physiotherapy. All ages.

OTHER

Cooloola Coast Medical Transport	Tin Can Bay, Cooloola Cove, Rainbow Beach, and Goomboorian	5486 2488	www.cooloolamedicaltransport.com.au	Transport to and from non-urgent medical appointments
Multicultural Information Network Services (MINS)	8 Mary Street, Gympie	54839511 or 0458 839 007	MINS helps people from all cultural backgrounds to find opportunities that will help them become independent	
Tin Can Bay Meals on Wheels	Tin Can Bay, Cooloola Cove, Rainbow Beach	0427 701 922	www.qmow.org	Meal preparation and meal delivery service
Dept of Human Services	1 Buchanan St Tin Can Bay	132 300	Social welfare (Centrelink and DVA) Monday- Friday 9am-1pm	
Rainbow Beach Taxi	Rainbow Beach and surrounding area	0411 072 349	Taxi metered rate locally. Taxi Subsidy Scheme Concession, DVA transport provider, NDIS transport provider, wheelchair accessible vehicle	
Gympie Golden City Cabs	Gympie and surrounding area	131 008 5480 1900 0407 728 158	Taxi metered rate locally. Taxi Subsidy Scheme Concession, DVA transport provider, NDIS transport provider, wheelchair accessible vehicle	
Tin Can Bay Taxi	Tin Can Bay and surrounding area	0427 695 538	Taxi metered rate locally, Taxi Subsidy Scheme Concessions, NDIS Transport Provider. Wheelchair accessible vehicle	



Cooloola Coast

AGED CARE SERVICES

A guide to community aged care services in the region

Last updated May 2019



My Aged Care

My Aged care helps you find information about aged care services. The Australian Government subsidises many different types of aged care services to help you stay at home.

These services help you stay as independent as you can through a system that provides fair and equitable access to services for all older people living in Australia.

Services include:

- Home Care Packages
- Commonwealth Home Support Programme
- After-hospital care (transition care)
- Carer Counselling

www.myagedcare.gov.au • 1800 200 422

If you have a health concern and wish to speak to someone please call **13HEALTH (13 43 25 84)**. You can talk to a registered nurse 24 hours a day, 7 days a week for the cost of a local call. If you have an urgent medical condition or emergency call 000 for an ambulance.

AGED CARE SERVICE PROVIDERS

Organisation	Area	Contact number	Website	Service type	Additional information
Blue Care Gympie	Gympie region, Rainbow Beach, Cooloola Cove, Tin Can Bay, Mary Valley, Glenwood, Widgee, Woolooga	5489 7000 1300 258 322	W: www.bluecare.org.au	Residential aged care, allied health and therapy services, community packages and Commonwealth Home Support Program	NDIS and private
Bolton Clarke	Tin Can Bay, Cooloola Cove, Rainbow Beach	1300 796 111	W: www.boltonclarke.com.au/	Community care services (home care packages), home maintenance, allied health and therapy services	
Centacare Community Services	Gympie, Tin Can Bay, Cooloola Cove, Rainbow Beach	1300 236 822 5482 8715	W: www.centacarebrisbane.net.au	Community care services (home care packages) home maintenance, dementia care, disability support service, transport	
Commonwealth Respite and Carelink	Gympie, Tin Can Bay, Rainbow Beach, Cooloola Cove	1800 052 222 After hours: 1800 059 059		Subsidised short-term and emergency respite, including after-hours emergencies	
Gympie Community Health Services	Gympie and Cooloola Cove	5489 8444	W: www.health.qld.gov.au/services/sunshinecoast/gympie	Hospital and Health Service	
Integrated Living	Tin Can Bay, Cooloola Cove, Rainbow Beach	1300 782 896	W: www.integratedliving.org.au	Community care services (home care packages)	NDIS and private
Kincare	Tin Can Bay, Cooloola Cove, Rainbow Beach	5448 0714	W: www.kincare.com.au	Community care services (home care packages)	NDIS and private
Ozcare and St Vincen't Care Services	Tin Can Bay, Cooloola Cove, Rainbow Beach	5413 8460 and 5443 8595	W: www.ozcare.org.au W: www.svcs.org.au	Dementia advisory and support, community care services (home care packages), social support, domestic assistance, allied health and therapy services	In home visits for education and support carers and clients
Residency by Dillons	Tin Can Bay	5488 1300	W: www.residencybydillons.com.au/tin-can-bay/	Residential aged care and palliative care. A 20-bed facility but expanding to 70 beds	A home with engaging care
Suncare Community Services	Gympie, Tin Can Bay, Rainbow Beach & Cooloola Cove	1800 786 227	W: www.suncare.org.au	Community care services (home care packages), domestic assistance, personal care, respite and social support, carer support services.	Offers carer support and education groups
Wesley Mission	Tin Can Bay, Cooloola Cove, Rainbow Beach	1300 552 568	W: www.wmq.org.au	Community care services (home care packages), home maintenance - minor	NDIS and private

HOME MAINTENANCE AND MODIFICATIONS

About Freedom	Tin Can Bay, Cooloola Cove, Rainbow Beach	1300 907 887	W: www.aboutfreedom.com.au E: info@aboutfreedom.com.au	Minor home modifications only. All age groups	NDIS and private
Centacare Community Services	Gympie, Tin Can Bay, Cooloola Cove, Rainbow Beach	1300 236 822 5482 8715	W: www.centacarebrisbane.net.au	Community care services (home care packages) home maintenance, dementia care, disability support service, transport	NDIS and private
Maroochy Home Maintenance and Care Association	Tin Can Bay, Cooloola Cove, Gympie	5476 6130	W: www.maroochyhomeassist.com.au	Home modifications - major only. All age groups	Mon – Fri 7.30am to 3.15pm
Range Care	Tin Can Bay, Cooloola Cove, Rainbow Beach	5445 7044	W: www.rangecare.com.au	Minor home modifications only - for people over 65 years	NDIS and private