

Seven Steps to Self-Direction

Building right relationships between people with disability, families, committed friends & support workers



Friday 11th October 2019, Sunshine Coast

www.cru.org.au



This cost of attending this workshop in 2019 is subsidised by CRU's bridging funding.

About the workshop

How have other people made self-management work?

This one-day workshop explores a practical, values-based framework of self-direction, and how to develop supports that work respectfully and constructively together.

The seven steps provide a simple, helpful guide that can be worked through, or started at any step. This workshop draws on the resource developed by Griffith University (Dr Margaret Ward) as part of the NDS Innovative Workforce Fund Project.

Self-direction has been found to give greater choice and control, and more effective and flexible use of available formal and freely-given support. Good support requires the right people to provide the right level of support at the right time.

There are some preconditions that make good support in self-directed arrangements more likely to happen. This seven step approach takes participants from starting with the person through to problem solving and checking for resilience.



About the Presenter

Sharon Bourke currently works as a Professional Development Consultant and has presented many Participant Readiness sessions for CRU.

She has worked in various roles, including managing individualised support agencies, advocacy, workshop facilitation and planning.

In partnership with her youngest son Dan, Sharon has chosen to self-direct funds that support him.

If you need help registering, or other support to attend & participate, please contact CRU.

Who should attend?

This workshop is for people with disability, their families, supporters and workers who are involved in or are interested in moving to a self-directed arrangement. It works best if the person comes with their family and supporters.

Date: Friday 11th October

Time: 9:00am – 4.30pm

Arrive from 8.30am to sign-in for a 9.00am start

Venue: Venue 114
114 Sportsmans
Parade, Bokarina
QLD 4565

Cost: \$60

RSVP: Thursday 3rd October

Register via link:

<https://cru.org.au/events/>

To view CRU's cancellation policy please visit this link -

<http://cru.org.au/about/policies/#cancellation>



Expanding Ideas; Creating Change

Level 2, 43 Peel Street
P.O. Box 3722
South Brisbane QLD 4101
Phone (07) 3844 2211
Email cru@cru.org.au
ABN: 16 143 460 250
ACN: 617 860 009

If cost is a barrier to attending, please contact CRU to discuss. For self-managing and plan-managed NDIS participants, see the Learning Objectives on the event's page. You can decide if this is a reasonable and necessary support for achieving your goals.