

Health Management Plan for Functional Attacks

Patient details	
First name	
Last name	
Date of Birth	

BACKGROUND INFORMATION:

Functional Symptoms

This means, that unlike concerning neurological conditions such as epilepsy or stroke etc., that these attacks are not expected to have any serious medical consequences. They do not require emergency services support, in fact the involvement of these services increases health anxiety, and this can worsen these attacks. Instead cognitive and psychological strategies can be implemented to result in attack control and thereafter remission.

Useful resources:
Functional Neurological Disorder (FND) : a patient's guide
Non-epileptic attacks: A short guide for patients and families Sheffield Teaching Hospitals, Issued May 2019
Taking control of your non-epileptic attacks Sheffield Teaching Hospitals, Issued May 2018
Functional symptoms: A short guide for patients and families Sheffield Teaching Hospitals, Issued May 2019
Taking control of your functional symptoms Sheffield Teaching Hospitals, Issued May 2019

MANAGEMENT:

It is recognized that avoidance of exclusion from normal life activities is very important in causing remission of these attacks. When these attacks end therefore, it is important that is returned to normal activity.

What to do to assist during an attack:

Name of medical practitioner		Facility	
Phone number		Email	
Signature		Date	